

TENNESSEE ORTHOPAEDIC CLINICS

			MRN#		
		Patient Information		-	
Name (Last, First, Middle)		SSN#	Date of Birth	Sex	
Address			City State Zip	City State Zip	
Mobile Phone	Home Phone	Language	Race	Ethnicity	
Email	Referring Physician	1	Primary Care Provider	Primary Care Provider	
Secondary Billing Address			City, State, Zip	City, State, Zip	
Marital Status	Student Status	Emergency Contact Name	Emergency Contact ho	Emergency Contact home	
Primary Employer			Work Phone	Work Phone	
Address	Address			City, State, Zip	
	Posponsik	le Party Information (If Different from	Abovo)		
Name (Last, First, Middle)	Responsit	SSN#	Date of Birth	Sex	
Address			City, State, Zip		
Mobile Phone	Home Phone	Language	Race	Ethnicity	
Email		Marital Status	Relationship to Patient	Relationship to Patient	
Secondary Billing Address			City, State, Zip		
		Primary Insurance			
Name of Insurance Company			Policy #		
Name of Insured			Group#		
Address of Insurance company			COPAY Amount	COPAY Amount	
City, State, Zip		Phone	Deductible Amount	Deductible Amount	
Relationship to Patient	Relationship to Patient		Plan Expiration Date	Plan Expiration Date	
		Secondary Insurance (if Applicable)			
Name of Insurance Company			Policy #		
Name of Insured			Group#	Group#	
Address of Insurance company			COPAY Amount	COPAY Amount	
City, State, Zip		Phone	Deductible Amount	Deductible Amount	
Relationship to Patient		Plan Effective Date	Plan Expiration Date	Plan Expiration Date	
		I			
Signature		Date			



COMMUNICATION OF PRIVATE HEALTH INFORMATION FORM

I give TOC permission to disclose my health information and account information to: please list all parties, including yourself if patient is a minor, we may discuss this information with (spouse, other family members, etc.) <u>Please give full names</u>.

WHERE AND HOW MAY WE CONTACT YOU?

HOME		YES	IF YES – Please provide number	
		NO		
WORK		YES	IF YES – Please provide number	
		NO		
EMAIL		YES	IF YES – Please provide email	
		NO		
CELL		YES	IF YES – Please provide cell number	
		NO		
ТЕХТ		YES	IF YES – Please provide cell number	
		NO		
MAY WE LEAVE A	MESSA	GE ON YOUR ANS YES	WERING MACHINE?	
		NO		
MAY WE LEAVE A MESSAGE AT HOME OR WORK, IF YOU DO NOT HAVE A MACHINE? YES				
		NO		
SIGNATURE OF PATIENT OR RESPONSIBLE PARTY DATE			DATE	



ASSIGNMENT OF INSURANCE BENEFITS AND AUTHORIZATION TO RELEASE INFORMATION

I hereby authorize the release of any medical information necessary for the processing of insurance claims. I hereby assign all medical benefits to include major medical benefits to which I am entitled to Tennessee Orthopaedic Clinics, P.C. this will remain in effect until revoked by me in writing. A photocopy is to be considered as valid as the original. I further agree to be solely responsible for any balances that my insurance does not pay.

SIGNATURE: _____ Date: _____ Date: _____

REFERRAL INFORMATION:

I understand that if a referral is required by my primary physician, I am responsible for obtaining this referral and following the rules/regulations of my insurance provider. I understand that failure to obtain my referral could result in my responsibility for payment of services rendered.

SIGNATURE: _____ Date: _____

In the event this account is turned over for collection, patient (or responsible party) agrees to pay for all costs of collections, including court costs and attorney's fees.

SIGNATURE: _____ Date: _____

Until my accounts are finally settled, I give my direct consent to receive communications regarding my accounts from any servicers and any collectors of my accounts, through various means such as (1) any cell, landline, or text number that I provide (2) Any email address that I provide (3) auto dialer systems (4) voicemail messages and other forms of communication.

Date: _____ SIGNATURE: _____

INFORMED CONSENT FOR OPIOID TREATMENT FOR ACUTE PAIN Tennessee Orthopaedic Clinics, P.C.

The purpose of this agreement is to give you information about the medications you will be taking for pain management and to assure that you and your physician/health care provider comply with all state and federal regulations concerning the prescribing of controlled substances. You should understand that your physician or PA/NP may recommend nonopioid treatment of your acute pain with options including but not limited to: No active intervention, local modalities such as ice and/or heat, physical therapy, or non-opioid medications such as acetaminophen or nonsteroidal antiinflammatory medications, etc. A trial of opioid therapy can be considered for moderate to severe pain with the intent of reducing pain and increasing function. The physician's goal is for you to have the best quality of life possible given the reality of your clinical condition. The success of treatment depends on mutual trust and honesty in the physician/patient relationship and full agreement and understanding of the risks and benefits of using opioids to treat pain.

I have agreed to use opioids (morphine-like drugs) as part of my treatment for acute pain. I understand that these drugs can be very useful, but have a high potential for misuse and are therefore closely controlled by the local, state, and federal government. Because my physician/ health care provider is prescribing such medication to help manage my pain, I agree to the following conditions:

- 1. I am responsible for my pain medications. I agree to take the medication only as prescribed.
 - a. I understand that increasing my dose without the close supervision of my physician could lead to drug overdose causing severe sedation and respiratory depression and death.
 - I understand that decreasing or stopping my medication without the close supervision of my physician can lead to withdrawal. Withdrawal symptoms can include yawning, sweating, watery eyes, runny nose, anxiety, tremors, aching muscles, hot and cold flashes, "goose flesh", abdominal cramps, and diarrhea. These symptoms can occur 24-48 hours after the last dose and can last up to 3 weeks.
- 2. I will not request or accept controlled substance medication from any other physician or individual while I am receiving such medication from my physician/health care provider at TOC.
- 3. There are side effects with opioid therapy, which may include, but not exclusively, skin rash, constipation, sexual dysfunction, sleeping abnormalities, sweating, edema, sedation, or the possibility of impaired cognitive (mental status) and/or motor ability. Overuse of opioids can cause decreased respiration (breathing).

It is my responsibility to notify my physician/health care provider for any side effects that continue or are severe (i.e., sedation, confusion). I am also responsible for notifying my pain physician immediately if I need to visit another physician or need to visit an emergency room due to pain, or if I become pregnant.

- 4. I understand that the opioid medication is strictly for my own use. The opioid should never be given or sold to others because it may endanger that person's health and is against the law.
- 5. I should inform my physician of all medications I am taking, including herbal remedies. Medications like Valium or Ativan; sedatives such as Soma, Xanax, Fiorinal; antihistamines like Benadryl; herbal remedies, alcohol, and cough syrup containing alcohol, codeine, or hydrocodone can interact with opioids and produce serious side effects.
- 6. I understand that my narcotic treatment will continue for no more than 60 days after surgery. If I require narcotic management for a longer period of time, I will be referred to the Pain Specialist of my choice.
- 7. I understand a written prescription will be necessary and I will need to be seen by the physician or PA/NP in order to obtain that prescription).

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- 8. Any evidence of drug hoarding, acquisition of any opioid medication or additional narcotic pain medications from other physicians (which includes emergency rooms), uncontrolled dose escalation or reduction, loss of prescriptions, or failure to follow the agreement may result in termination of the doctor/patient relationship.
- 9. I will communicate fully with my physician to the best of my ability at the initial and all follow-up visits my pain level and functional activity along with any side effects of the medications. This information allows my physician to adjust your treatment plan accordingly.
- 10. You should not use any illicit substances, such as cocaine, marijuana, etc. while taking these medications. This may result in a change to your treatment plan, including safe discontinuation of your opioid medications when applicable or complete termination of the doctor/patient relationship.
- 11. The use of alcohol together with opioid medications is contraindicated.
- 12. I am responsible for my opioid prescriptions. I understand that:
 - a. Refill prescriptions will be filled at the same pharmacy. *See back page to select your preferred pharmacy.*
 - b. It is my responsibility to schedule appointments for the next opioid refill before I leave the clinic or within 3 days of the last clinic visit.
 - c. I am responsible for keeping my pain medications in a safe and secure place, such as a locked cabinet or safe. I am expected to protect my medications from loss or theft. I am responsible for taking the medication in the dose prescribed and for keeping track of the amount remaining. If my medication is stolen, I will report this to my local police department and obtain a stolen item report. I will then report the stolen medication to my physician. If my medications are lost, misplaced, or stolen my physician may choose not to replace the medications or to taper and discontinue the medications.
 - d. Refills will not be made as an "emergency", such as on Friday afternoon because I suddenly realize I will "run out tomorrow".
 - e. Refills can only be filled by a pharmacy in the State of Tennessee, even if I am a resident of another state.
 - f. Prescriptions for pain medicine or any other prescriptions will be done only during an office visit or during regular office hours. **No** refills of any medications will be done during the evening or on weekends.
 - g. I agree to keep all scheduled appointments, not just with your physician, but also with the recommended therapist. Two or more missed appointments or same day cancellations may lead to patient dismissal.
 - h. Prescription refills may be authorized during regular working hours before 3:30 PM. If I need a narcotic prescription, I have to pick the prescription up at the TOC office and will need to call two days in advance of the renewal date. (Non-narcotic prescriptions will be ready the next day at the pharmacy.)
 - i. Prescriptions will not be written in advance due to vacations, meetings, or other commitments.
 - j. If an appointment for a prescription refill is *missed*, another appointment will be made as soon as possible. *Immediate* or *emergency* appointments will not be granted as a rule; exceptions will be made on a case by case basis.
 - k. No "walk-in" appointments for opioid refills will be granted.

- 13. While physical dependence is to be expected after long-term use of opioids, signs of addiction, abuse, or misuse shall prompt the need for substance dependence treatment as well as weaning and detoxification from the opioids.
 - a. Physical dependence is common to many drugs such as blood pressure medications, anti-seizure medications, and opioids. It results in biochemical changes such that abruptly stopping these drugs will cause a withdrawal response. It should be noted that physical dependence does not equal addiction. One can be dependent on insulin to treat diabetes or dependent on prednisone (steroids) to treat asthma, but one is not addicted to the insulin or prednisone.
 - Addiction is a primary, chronic neurobiologic disease with genetic, psychosocial and environmental factors influencing its development and manifestation. It is characterized by behavior that includes one or more of the following: impaired control over drug use, compulsive use, continued use despite harm, and cravings. This means the drug decreases one's quality of life. If the patient exhibits such behavior, the drug will be tapered and such a patient is not a candidate for an opioid trial. He/she will be referred to an addiction medicine specialist.
 - c. Tolerance means a state of adaptation in which exposure to the drug induces changes that result in a lessening of one or more of the drug's effects over time. The dose of the opioid may have to be titrated up or down to a dose that produces maximum function and a *realistic* decrease of the patient's pain.
- 14. If it appears to the physician/health care provider that there is no improvement in my daily function or quality of life from the controlled substance, my opioids may be discontinued. I will gradually taper my medication as prescribed by the physician.
- 15. If I have a history of alcohol or drug misuse/addiction, I must notify the physician of such history since the treatment with opioids for pain may increase the possibility of relapse. A history of addiction does not, in most instances, disqualify one for opioid treatment of pain, but starting or continuing a program for recovery is a necessity.
- 16. I agree to fully comply with all aspects of my treatment program including physical therapy, if recommended. Failure to do so may lead to discontinuation of my medication.
- 17. I agree and understand that my physician reserves the right to perform random or unannounced urine drug testing. If requested to provide a urine sample, I agree to cooperate. If I decide not to provide a urine sample, I understand that my doctor may change my treatment plan, including safe discontinuation of my opioid medications when applicable or complete termination of the doctor/patient relationship. The presence of a non-prescribed drug (s) or illicit drug (s) in the urine can be grounds for termination of the doctor/patient relationship. Urine drug testing is not forensic testing, but is done for my benefit as a diagnostic tool and in accordance with certain legal and regulatory materials on the use of controlled substances to treat pain.
- 18. I agree to allow my physician/health care provider to contact any health care professional, family member, pharmacy, legal authority, or regulatory agency to obtain or provide information about your care or actions *if the physician feels it is necessary*.
- I understand that non-compliance with the above conditions may result in a re-evaluation of my treatment plan and discontinuation of opioid therapy. I may be gradually taken off these medications, or even discharged from the clinic.

20. I have had a reasonable opportunity to have my questions regarding treatment with opioids asked and answered.

In addition, use of these medications poses special risk to women who are pregnant or may become pregnant. If I plan to become pregnant or believe that I have become pregnant while taking this pain medication, I will immediately call my obstetrician or primary care physician and this office to inform them. I have been advised that, should I carry a baby to delivery while taking this medication; the baby will be physically dependent upon opioids. I also understand that birth defects can occur whether or not the mother is on medicines and there is always the possibility that my child will have a birth defect while I am taking an opioid. Furthermore, I recognize that the long-term consequence on a child's development that was exposed opioids is not understood. If you have questions regarding contraceptive methods please see your primary care physician, OB/GYN specialist, or the local health department.

If you develop complications of opioid use, such as addiction, we will assist you in finding treatment. Please be aware, however, that our practice cooperates fully with local and state law enforcement, the US Drug Enforcement Agency and other agencies in the investigation of opioid related crimes including sharing, selling, trading or other potential harmful use of these powerful medications.

	have read the above information or it has been rding the treatment of pain with opioids have been answered to my to participate in the opioid medication therapy & acknowledge
Patient's Signature	Date
Witness's Signature	Date
Pharmacy Name	Pharmacy Phone Number



NOTICE OF PRIVACY PRACTICES Acknowledgement of Receipt

PLEASE REVIEW IT CAREFULLY

By signing below, I acknowledge that I have been provided a copy of the Notice of Privacy Practices to review and have therefore been advised that my private health information may be used to seek payment for my medical treatment and services, as well as clinic practice operations.

Tennessee Orthopaedic Clinics participates in East Tennessee Health Information Network (etHIN) through which private health information is exchanged between health care providers electronically. Your private health information may be exchanged with your healthcare providers through etHIN.

I understand how I may obtain access to and control this information. I also acknowledge and understand that I may request a hard copy, or copies of separate notices explaining special privacy protections that apply to HIV-related information, alcohol and substance abuse treatment information, mental health information, and certain reproductive health information, and that it will be provided to me if I do request it.

Patient's signature

Date

Legal or Personal Representative of Patient (if applicable)

Relationship

This document is available in other languages and alternative formats that meet the guidelines for the Americans with Disabilities Act (ADA).

Full privacy policy posted under patient information at www.tocdocs.com

Tennessee Orthopaedic Clinics complianceoffice@tocdocs.com (865) 694-0062, ext. 2235 fax (865) 694-7907



Injury Details:

Please provide a brief description of the reason for your visit today:

	Yes No Yes No Pain Clinic Other None
Arthritis Crohn's Disease He Asthma Depression He Atrial Fibrillation Diabetes Type 1 Hi Cancer Select most recent A1c result if known? Hi Breast <6	al conditions? aucoma eart Attack epatitis gh Blood Pressure gh Cholesterol mphedema dney Transplant pus etal/Nickel Allergy ini-Strokes ultiple Sclerosis europathy steoporosis mkinson's Disease oriasis Mone of the above applies
Past Surgical History – Please mark all that applies.	
Angioplasty Hemorrhoids Appendectomy Hernia Breast Biopsy Hysterectomy Cataracts Tonsillectomy Gall Bladder Tubes Tied Heart Bypass Vasectomy R L Foot/Ankle Surgery R L	Knee Arthroscopy R L Knee Replacement R L Knee Revision R L Partial Knee Replacement R L Shoulder Replacement R L Rotator Cuff Repair R L Spine Surgery Spine Surgery R
Additional Surgeries/Details:	None of the above applies

Please Continue on Backside (pg 1 of 2)

Review of Systems – Please mark all that applies.

Constitutional Unexplained Weight Los Fever/Chills Night Sweats	Allergy/Immunologic s Frequent Colds, Infections, Allergies Hives	Hematologic/Lymphatic Easy Bruising or Bleeding Lumps (armpit, neck, groin) Anemia	Musculoskeletal Muscle, Bone or Joint Swelling Broken Bones Pain (arm/ leg/ neck/ back) Restless Leg
Cardiovascular Chest Pain Poor Circulation Difficulty Exercising Genitourinary Difficulty Controlling Bladder Difficulty Urinating Bloody Urine Psychiatric Depression Anxiety None of the above app	Eyes Blurry Vision Wear glasses/contacts Blind/Color Blind Respiratory Shortness of Breath Coughing Skin/Breast Rash Hair Loss Bruising Breast Lump lies	Ear, Nose, Throat, Mouth Hearing Problems/Deaf Cannot Taste/Smell Difficulty Swallowing Sore Throat Gastrointestinal Heartburn Nausea/Vomiting Constipation Diarrhea Blood in Stool Other/Comments:	Indestices Leg Endocrine Too Hot/Too Cold Difficult with Stress Mgmt Gland Problems Neurologic Headache/Dizziness Weakness Numbness
Social History – Please resp Marita Alcohol Consumption (per Disability	l Status: Single week): None 1-3	Married Divorced drinks 3-4 drinks r	Widowed more than 6 drinks ot receiving benefits
Hand Don	ninance: 🗌 Left 🗌 Rig	ht	
Family Medical History – Asthma Cancer – Breast Cancer – Colon Cancer – Prostate Cancer - Other Diabetes Other Relevant Family Medic		relatives have any of the followi Pulmonary Embolus (PE) Anesthetic Complication Stroke High Blood Pressure Heart Disease None of the above applies	ng conditions?